



Islands Trust

Lasqueti Island Local Trust Committee Aging at Home Community Survey

The purpose of this survey is to assess the needs of older adults related to aging at home on Lasqueti Island. Information gathered will be used to make recommendations to the Lasqueti Island Local Trust Committee (LTC) on potential future updates to the Official Community Plan (OCP) and Land Use Bylaw (LUB); and to identify partnerships with community groups and relevant agencies. The survey is part of a project funded by the Union of BC Municipalities and the Lasqueti Island LTC. The results will be presented to the Lasqueti Island LTC in the fall of 2016.

This survey complies with the Personal Information Protection Act which guarantees that information you provide is anonymous and remains confidential. Data will only be used for the purposes of formulating recommendations to the Lasqueti Island LTC.

Please be aware, however, that IP addresses are collected by SurveyMonkey itself, and these IP addresses and other information collected will be stored on SurveyMonkey's servers located outside of Canada. This survey is voluntary and a response is encouraged, not required. Please do not provide any third-party information (i.e. talk about others) in your responses to the survey.

The survey takes approximately 10 to 20 minutes to complete, but may take as long as 30 minutes when providing detailed comments.

Options for Completing this Survey

You may complete this survey online at <https://www.surveymonkey.com/r/LasquetiIsland>

If you wish to complete a paper copy, please note the following options:

- 1) Drop off completed surveys at the Community Hall on Saturday, July 9 during the time of the Aging at Home Community Workshop between 1 and 3 p.m.
- 2) Leave it with the community nurse, Diane McClure, during clinic hours on Thursdays from 11 a.m. to 3 p.m.
- 3) Scan and email to Sonja Zupanec at szupanec@islandstrust.bc.ca

Results of the survey will form part of the final report on aging at home to the Lasqueti Island Local Trust Committee in the fall of 2016.

Thank you for your participation!

1. What is your age?

- Under 55
- 55 to 59
- 60 to 64
- 65 to 69
- 70 to 74
- 75 to 79
- 80 to 84
- 85+

2. What is your gender?

- Male
- Female
- Transgender
- I prefer not to disclose

3. Identify which home supports are needed by you now and in the future in order for you to live safely and in dignity in your home on Lasqueti Island? (check any that apply)

	I am using this support now	I need this support now but it is not available	I need this support now but I cannot afford it	I expect to need this support in the future	Not certain or don't know
Home renovations such as ramps, wider doors, corridor widths, operating devices	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accessible bathing facility such as a walk-in tub or shower with room for a wheelchair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Living off-grid supports (firewood, water, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Light yard work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Minor home repairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Light housekeeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Laundry service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation (rides with friend, family or Lasqueti Transport Co-op service)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delivery services (groceries, medicines) or escorted shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meal planning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prepared meal service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance with electronic transactions (banking, support payments, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Informal friendly visiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other (please specify)

4. For the following medical and health care services, indicate your ability to access them in order to age at home safely and in dignity.

	Available to me at home now	I can travel to the Health Centre or other Island location for this service	I can travel off island for this service	I cannot avail of this service because of travel, time, ability or physical constraints	This service is not available to me for other reasons (you may specify below in the comment box)	Not certain or don't know
Nursing for post surgery, injuries, chronic conditions, etc.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assistance for personal care such as showering, getting dressed, going to bed, etc.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Managing medicines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Occupational therapist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physician	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physiotherapist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dietician	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Massage therapist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Podiatrist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Optometrist (not including an ophthalmologist)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Audiologist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dental services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Psychiatrist	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comment

5. The opening of the Health Centre has recently been celebrated. What do you believe are the most important health care and education services that may be offered?

6. The option to stay in the elder cottage at the Judith Fischer Centre will support my ability to age at home on Lasqueti Island. (indicate the extent to which you agree or disagree)

- Agree strongly
- Agree
- Disagree
- Disagree strongly
- Not sure or don't know
- Comment

7. Please identify if you live on Lasqueti Island usually, seasonally, part-time, or occasionally.

- Usually--it is my main residence, where I live the major part of the year
- Seasonally--I live here several months a year, for example, in the summer months
- Part time--I live here primarily on the weekends or similar short stays
- Occasionally--it is not a usual, seasonal nor part time place of residence
- Don't know
- Other (please specify)

The following three questions seek to understand your interest in aging at home on Lasqueti Island, the extent to which you believe you can do so, and the type of housing and modifications that may be necessary.

8. When on Lasqueti Island, in what type of housing do you live?

- Ground floor oriented dwelling (single family dwelling)
- Accessory dwelling (a separate and smaller second dwelling on the same property as the primary home; these are sometimes referred to as a garden suite, carriage house, or granny flat)
- Secondary suite within a single family dwelling (these may be referred to as in-law suite or basement suite)
- Travel trailer, mobile home not sitting on a permanent foundation, bus, vessel or other recreation vehicle
- Manufactured home sitting on a permanent foundation
- Multi-generational housing (dwelling with three or more generations and more than one kitchen)
- Congregate housing (each individual or family has a private bedroom or living quarters but shares with other residents a common dining room, recreational room, or other facilities)
- Don't know or not certain
- Other (please specify)

9. Please indicate your desire to continue living on Lasqueti Island as you age.

- I feel strongly about staying and intend to live on the island until I die regardless of my circumstances
- I hope to live on the island until I die, but am open to leaving if circumstances warrant
- I want to stay, but anticipate relocating off island when I can no longer comfortably and safely live here
- My interest in remaining here as I age depends on circumstances
- I don't plan to continue living here much longer
- Don't know
- Other (please specify)

10. If you plan to continue living on Lasqueti Island, what type of housing do you anticipate you will need in the future as you age? (select any that apply)

- Stay in my own home without the need for any structural modifications
- Stay in my own home with structural modifications
- Smaller dwelling
- Ground floor oriented dwelling (single family)
- Accessory dwelling (a separate and smaller second dwelling on the same property as the primary home; these are sometimes referred to as a garden suite, carriage house, or granny flat)
- Secondary suite within a single family dwelling (these may be referred to as in-law suite or basement suite)
- Travel trailer, mobile home not sitting on a permanent foundation, bus, vessel or other recreation vehicle
- Manufactured home sitting on a permanent foundation
- Multi-generational housing (dwelling with three or more generations and more than one kitchen)
- Co-housing (intentional community of private homes clustered around shared space)
- Co-op housing (not-for-profit housing for members who do not own equity in their housing)
- Congregate housing such as an "Abbeyfield" style cottage where each individual or family has a private bedroom or living quarters but shares with other residents a common dining room, recreational room, or other facilities
- Assisted living facility
- Extended, long term care
- Subsidized
- Don't know
- Other (please specify)

11. I believe that the type of housing needed to continue living on Lasqueti Island as I age will be available. (select the extent to which you agree or not)

- Agree strongly
- Agree
- Disagree
- Disagree strongly
- Don't know

Comment

12. Rank the modes of travel you use to make trips on Lasqueti Island.

	Most of my trips (over 50%)	Many of my trips (less than 50%, but more than 10%)	Some of my trips (less than 10%)	None of my trips	Don't know or N/A
Private automobile	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shared automobile	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lasqueti Transport Co-op service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hitch hiking or arranging a ride with someone you know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bicycle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

13. I am able to comfortably get around Lasqueti for my daily activities. (select the extent to which you agree or not)

- Agree strongly
- Agree
- Neutral, or not certain
- Disagree
- Disagree strongly
- Don't know

14. If you do not agree that you can comfortably get around Lasqueti Island for daily activities, briefly describe your challenges.

15. The Lasqueti Island Land Use Bylaw governs density (Section 3.11, Subsection (1)) and limits the number of residential dwellings on most lots to one per 4 (four) hectares of lot area (Subdivision District A). Given that some types of private housing options such as co-housing (intentional community of private homes clustered around shared space) may be limited under these provisions, indicate the extent to which you agree or disagree that these density restrictions limit your ability to age on Lasqueti Island?

- Agree strongly
- Agree
- Neutral or not sure
- Disagree
- Disagree strongly
- Don't know

16. If you agree that density restrictions limit your ability to age on Lasqueti Island, please explain how the bylaw could be amended to overcome that obstacle.

17. Do you currently use a mobility device such as a scooter, wheelchair, or walking device?

- Yes
- No
- Other (please specify)

18. If you use a mobility device, indicate the extent to which you agree it is easy to get around on Lasqueti Island.

- Agree strongly
- Agree
- Neutral or not certain
- Disagree
- Disagree strongly
- Don't know

19. If you have difficulty getting around Lasqueti Island with a mobility device, please comment on the obstacles you encounter.

20. Loneliness has been cited in studies as a major mental health issue in many communities, particularly among seniors. Indicate the extent to which you feel lonely living on Lasqueti Island.

- Extremely lonely
- Very lonely
- Moderately lonely
- Slightly lonely
- Not at all lonely
- Don't know

Comment

21. Indicate how often you participated in the past 12 months in meetings or activities of the following groups.

	At least once a week	At least once a month	At least 3 or 4 times a year	Once or twice a year	Not at all	Don't know
False Bay School	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Good Shepherd Church	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Last Resort Society	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community Arts Council	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health Centre (including construction)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local Trust Committee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lasqueti Ratepayers Association	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nature Conservancy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

22. Please share any additional comments you may have on making Lasqueti Island a better place to age at home.

Thank you for participating!